



Dare to Prepare. Take the CERT training program.



Sign Up Today!

In 1985, Mexico City experienced an 8.1 magnitude earthquake with a 7.5 magnitude aftershock following 36 hours later. Untrained, spontaneous volunteers saved 800 people. However, over 100 of these volunteers lost their lives while attempting to save others. This is a high price to pay and is preventable with training. That's why in 1994, the Federal Emergency Management Agency (FEMA) adopted a training program called Community Emergency Response Team (CERT) and began to promote this program nationwide. The City of Moreno Valley offers this program to anyone interested in learning how to prepare themselves for a disaster.

After an earthquake, it is expected that for three days or longer citizens will be on their own for food, water, shelter and medical aid.



The first responders will be overwhelmed with calls for help to assist people trapped in buildings or injured by the earthquake and to respond to other emergency calls for assistance.

Will you know what to do to help yourself, your family and your neighbors in the event no one is available to help you? This CERT training can provide you with the necessary knowledge to help.

The City of Moreno Valley informs citizens about what to expect following a disaster.

Through CERT training, the City provides information to citizens about being prepared to handle disasters and how to reduce the risk of hazards in and around the home. CERT teaches disaster preparedness.

CERT also teaches life saving skills, with emphasis on decision making, rescuer safety and doing the greatest good for the greatest number of people. Life saving skills include first aid, sizing up hazards, fire suppression and light search and rescue.



Finally, CERT teaches how to organize teams so that they are an extension of the first responder services offering immediate help to victims until fire and medical services arrive.

How Do I Sign Up? To sign up for these courses, registration forms are available online at:

www.moreno-valley.ca.us
then click on the resident services tab, scroll down to emergency, then click on the CERT link
or at
City Hall
14177 Frederick Street
Moreno Valley, CA 92552

The course lasts 2½ days. Classes are typically taught on a Friday night, Saturday and Sunday.

Questions? Make an appointment with Emergency Operations and Volunteer Services. Call 413.3800.



Community Emergency Response Team

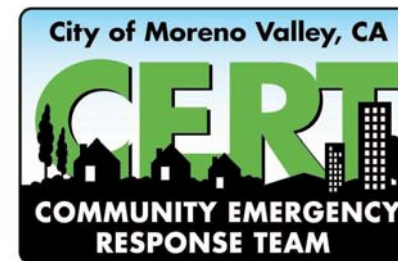
Course Overview



Classes held at:
Moreno Valley City Hall
Council Chamber
14177 Frederick Street
Moreno Valley, CA 92552

For more information call:
413.3800

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go to the resident services tab, scroll down to
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Dare to Prepare!



Join the Community Emergency Response Team



Disaster Preparedness



- Introduction to disasters
- Terrorism awareness information
- Impact of disasters on infrastructures
- Hazards posed by building structures and nonstructural items
- The role of CERT in disaster response
- Personal preparedness demonstration

Disaster Fire Suppression



- Fire chemistry
- Identifying and reducing potential fire hazards
- Basic fire suppression strategy
- Firefighting resources & techniques
- Live fire exercise

Disaster Medical Operations



- Treatment strategies for life-threatening conditions
- Principles of triage
- Head-to-toe assessments
- Establishing treatment areas
- Treatments for burns, lacerations, fractures and other injuries

Light Search and Rescue



- Search and rescue priorities and resources
- Techniques for situation size-up
- Lifting and victim removal techniques exercise
- Rescuer safety; recognizing limitations and construction hazards
- Cribbing and leveraging exercise

Disaster Psychology and Team Organization



- The post-disaster emotional environment
- CERT organization; Incident Command System (ICS)
- CERT decision making and documentation

Disaster Simulation and Review



- Disaster simulation drill
- Course review
- Final exam
- Graduation; oath; issuance of CERT gear and certificate

Completion of the 2½ days of training is required for course completion certificate.

After completing our CERT program, you will be armed with the knowledge to help yourself, your family and community.

All graduates will receive a CERT backpack, CERT hard hat, CERT vest, flashlight, FEMA CERT manual and a certificate of completion.

