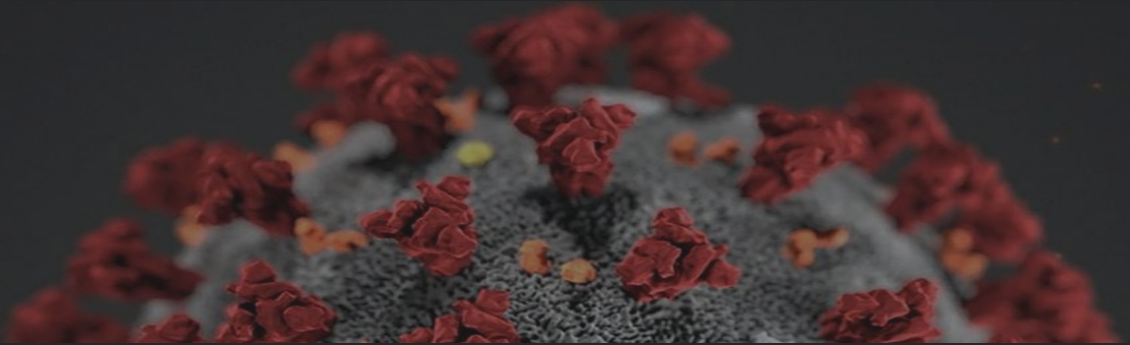


Coronavirus  
**COVID-19**  
COMMUNITY RESOURCES

[www.moval.org/coronavirusresources](http://www.moval.org/coronavirusresources)



# CORONAVIRUS COMMUNITY RESOURCES

## MORENO VALLEY

This document is a community-sourced asset to help residents, businesses and community stakeholders. The document is meant to help ease community concerns. The City is not responsible or liable for the information provided by external agencies.

**\*\* For business closures/reopenings based on guidelines set forth by Governor Newsom, please visit <https://covid19.ca.gov/roadmap-counties>.**

### TESTING

Riverside County/Moreno Valley offers multiple testing sites. To make an appointment, call (800) 945-6171. For general information and resources regarding Coronavirus, call 211 or visit [www.rivcoph.org/coronavirus](http://www.rivcoph.org/coronavirus).

### LEAD AGENCIES ADDRESSING CORONAVIRUS

- [Centers for Disease Control](#) (CDC)
- [State of California](#)
- [County of Riverside – Riverside Public Health](#)

### FEDERAL, STATE & COUNTY ELECTED OFFICIALS

#### FEDERAL

- Senator Dianne Feinstein | (310) 914-7300 | [EMAIL](#)
- Senator Kamala D. Harris | (619) 239-3884 | [EMAIL](#)
- Representative Mark Takano | (951) 222-0203 | [EMAIL](#)

#### STATE

- Governor Gavin Newsom | (916) 445-2841 | [EMAIL](#)
- State Senator Richard Roth | (951) 680-6750 | [EMAIL](#)
- State Representative Jose Medina | (916) 319-2061 | [EMAIL](#)

#### COUNTY

- County Supervisor Jeff Hewitt | (951) 210-1300 | [EMAIL](#)

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# HEALTH INFORMATION

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Current information and guidance can be found from the [Centers for Disease Control and Prevention Coronavirus Disease website.](#)

Additional resource links to stay informed:

- [Governor's Coronavirus Resource Page](#)
- [Riverside University Health System - Public Health](#)
- [California Department of Public Health](#)
- [World Health Organization \(WHO\)](#)

## Mental Health

- The outbreak of COVID-19 is stressful. Fear and anxiety can be overwhelming and cause strong emotions in adults and children. Learn how to cope with stress by clicking [here](#).
- Contact the Crisis Text Line by texting HELLO to 741741 to connect with trained crisis counselors who are available 24/7.

## Pharmacies

- Walgreens is offering free prescription delivery, drive-thru shopping and senior discounts. [Click here for more information.](#)
- CVS is offerings free delivery of prescriptions and other essentials. [Click here for more information.](#)
- Rite Aid is offering free delivery and senior shopping hours. [Click here for more information.](#)

# MOVAL ALERT

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The City of Moreno Valley's Emergency Alert and Warning Notification System, known as MoVal Alert, sends rapid notifications to all residents and businesses in the event of an emergency or disaster, including coronavirus.

Residents may receive notifications via landline, cell phone, text message and/or email.

For phones, the system will automatically call listed and unlisted telephone numbers and deliver a recorded message. If phone lines are busy, the system will redial those numbers. If the call goes to voicemail, the emergency message will be left there.

[Click here to sign up](#) for Emergency Notifications.

## FAQs AND PHONE NUMBERS

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- Can my business open?  
Riverside County has met the State's criteria to move ahead in the Resilience Roadmap. [Click here](#) to see which businesses are now allowed to open.
- Where can I get tested?  
There are multiple testing sites throughout Riverside County and Moreno Valley. You must have an appointment. Please call (800) 945-6171 to do so, or visit:  
<https://lhi.care/covidtesting>  
[www.cvs.com/minuteclinic/covid-19-testing](http://www.cvs.com/minuteclinic/covid-19-testing)  
For general information and resources regarding Coronavirus, call 211 or visit  
[www.rivcoph.org/coronavirus](http://www.rivcoph.org/coronavirus).
- For City services, please call (951) 413-3000. The City's online Who to Call List is also available at [http://www.moval.org/city\\_hall/who2call.shtml](http://www.moval.org/city_hall/who2call.shtml).

## **STATE AND LOCAL ORDERS**

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The California State Public Health Officer and Director of the California Department of Public Health is ordering all individuals living in the State of California to stay home or at their place of residence, except as needed to maintain continuity of operation of the federal critical infrastructure sectors. For detailed information, [click here](#).

For information on local orders, please visit the County of Riverside Public Health website at <https://www.rivcoph.org/coronavirus>.

The City of Moreno Valley is subject to all guidelines set forth by the State of California and the County of Riverside.



# PROTECT YOUR FAMILY AND YOURSELF

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## Do Your Part

- Avoid large groups
- Work or engage from home
- At home and at work, conduct regular cleaning, wipe down surfaces, sanitize workspace and wash hands on a regular basis.

## Rumor Control

Rumors can easily circulate during a crisis. Stop the spread of misinformation and seek trusted sources of information. FEMA has additional information [here](#).

## Scam Alerts

- Don't buy miracle cures
- Beware of phishing attempts and charity scams
- Don't click on unknown links
- Be a smart online shopper
- Use trusted sources of information

# CHURCHES

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Churches and houses of worship are allowed to reopen. State guidelines indicate that attendance should be limited to 25% of normal room occupancy or 100 attendees, whichever is fewer.

For guidance, please visit [www.covid19.ca.gov](http://www.covid19.ca.gov) or [www.rivcoocsd.org/covidbizhelp](http://www.rivcoocsd.org/covidbizhelp).

# FOOD

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## Food Pantries:

Faith-based and non-profit organizations in Moreno Valley provide food assistance. Click here for more information: [www.moval.org/food](http://www.moval.org/food)

## Grocery Stores:

Moreno Valley stores are offering priority shopping times for senior and disabled residents. Click here to find out which stores are participating: [www.moval.org/food](http://www.moval.org/food)

## Restaurants:

Moreno Valley restaurants have curbside and delivery options. Click here for more information: [www.moval.org/food](http://www.moval.org/food)

Restaurants may convert a portion of their parking lot for outdoor dining use. [Click here to apply.](#)

## Children & Youth (0-17)

- MVUSD: Schools are providing summer meals for all K-12 students. Students must be present. [Click here for more information.](#)
- VVUSD: Select schools are providing drive through meal pick up for K-12 students. [Click here for more information.](#)
- WIC (Women, Infants and Children): US Department of Agriculture (USDA) Food and Nutrition Service administers the Special Supplemental Nutrition Program for Women, Infants, and Children. [For more information, click here.](#)
- P-EBT: Families with kids who have access to free or reduced-price school meals will receive a Pandemic electronic benefits transfer card between May 12 and 22.
  - Families with children who already receive CalFresh, Medi-Cal or Foster Care benefits do not need to apply.

- Families whose children are eligible and do not receive CalFresh, Medi-Cal or Foster Care benefits must apply before June 30. Apply here: <https://ca.p-ebt.org/>

## Adults and Seniors (18+)

- Senior Eats:  
Qualifying seniors will receive two meal deliveries a day, five days a week, from local Moreno Valley restaurants. [Click here](#) for additional information.
- Riverside County's Office of Aging has designated locations for drive-up meal distribution for seniors; [click here for more information.](#)
- CalFresh: Formerly known as Food Stamps, this program provides monthly benefits to assist low-income households in purchasing the food they need to maintain adequate nutritional levels. [Click here for more information.](#)

# TRANSPORTATION

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Riverside Transit Authority (RTA) has adjusted all routes and schedules until further notice.

- [RiversideTransit.com](#) – Visit website for [current schedules](#) and service updates.
- [Special Edition Ride Guide](#) - View and print the April 5 Special Edition Ride Guide
- [iAlerts](#) - Get email rider alerts on your mobile device or computer. Sign up under the Newsroom section on the website.
- [BusWatch](#) & [Transit Apps](#) - Track your bus and get instant arrival information by downloading the BusWatch or Transit apps or by visiting RTABus.com.
- Customer Information Center - (951) 565-5002. Open 6 a.m.-10 p.m. weekdays, 8 a.m.-10 p.m. weekends and holidays.

## CHILDCARE

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Riverside County Office of Education, Early Care and Education is offering a temporary state-subsidized payment to assist essential/critical workers with the cost of childcare services (ages birth through 13 years) through June 30, 2020.

Email the RCOE ECE team at [cclupdates@rcoe.us](mailto:cclupdates@rcoe.us)

Call (800)-442-4927 and leave a message.

Please be sure to identify yourself as an essential/critical worker.

[MyChildCare.ca.gov](http://MyChildCare.ca.gov) - Californians working in essential sectors during the coronavirus (COVID-19) response need safe, reliable, and accessible child care options. [MyChildCare.ca.gov](http://MyChildCare.ca.gov) provides an interactive map of qualified licensed child care providers near you.

## STUDENTS

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### Adopt-A-Senior:

Because the graduating classes of 2020 are unable to celebrate publicly, Moreno Valley has created the Adopt-A-Senior program. To participate, email [mvedfoundation@gmail.com](mailto:mvedfoundation@gmail.com) and indicate your preference for a certain graduate or school. You'll be able to provide your grad with a gift card, encouraging letter, Class of 2020 t-shirt, etc.

To make a financial contribution to Adopt-A-Senior, visit the City's [GoFundMe page](#).

Internet: Spectrum is offering 60 days free internet access for households with students or teachers. Must be a household that does not already have Spectrum. [Click here for more information.](#)

Home Learning: Find support for parents [through this Facebook group](#).



Math Instruction: MIND Research Institute is offering no-cost access to a [free math instructional program](#) for students in grades K-8.

Online Learning: Scholastic offers [free online learning experiences](#) for children of all ages.

Activities: [Free indoor Activities for kids](#) (English only)

### Virtual Learning

- San Diego Zoo: The [San Diego Zoo](#) has a website just for kids with amazing videos, activities, and games.
- Yellowstone National Park Virtual Field Trip: Check out the [Mud Volcano](#), [Mammoth Hot Springs](#), and much more.
- NASA: [Explore the surface of Mars](#), [see the International Space Station](#), and visit Pasadena's [Jet Propulsion Laboratory](#).
- Check out these live cameras: [San Diego Zoo Animal Cams](#)

[Aquarium of the Pacific: Penguins, Sharks, Jellies and more](#)

[Monterey Bay Aquarium](#)

[Houston Zoo Animal Cams](#)

[Georgia Aquarium Beluga Whale Cam](#)

[Northern Lights Web Cam](#)

[Mpala Animal Research Center in Africa Cam](#)

[Galapagos Islands Giant Tortoise Web Cam](#)

[Times Square New York Cam](#)

[Cities, Colleges, Construction and More Cams!](#)

- [11 Virtual Farm Tours](#), from pigs and cows to apples and eggs.
- Discovery Education Virtual Field Trips:  
[Polar Bears and the Tundra](#)  
[Social Emotional Skills](#)  
[STEM and Manufacturing](#)
- [The Louvre](#): Travel to Paris, France to see amazing works of art at The Louvre.
- [The Great Wall of China](#): This Virtual Tour of the Great Wall of China makes history come to life.

## HOUSING

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Governor Newsom has suspended evictions and foreclosures.

Find affordable housing resources at [Connect Riverside](#). Search “affordable housing.”

College students and foster youth whose college dorm closed may email [info@togetherwerise.org](mailto:info@togetherwerise.org) for help finding housing.

Inland Empire Fair Housing Mediation Board can help with fair housing services, landlord/tenant and mobile home mediation, housing counseling and senior services. Call (909) 984-2254 or email [info@ifhmb.com](mailto:info@ifhmb.com).

The Housing Council of Riverside County protects housing rights and provides eviction support. Call (800) 655-1812 or visit [www.fairhousing.net](http://www.fairhousing.net).

## **FEDERAL TAXES**

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The IRS has established a special section to help taxpayers, businesses and others affected by the coronavirus. [Click here for more information.](#)

## **SOCIAL SECURITY BENEFITS**

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For information on Social Security Benefits or Supplemental Security Income, [please click here.](#)

## **BUSINESS / EMPLOYER RESOURCES**

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### **Forward MoVal Grant Program**

Forward MoVal provides \$7,500 to eligible small businesses. To be added to the interest list, please visit [www.moval.org/forward](http://www.moval.org/forward) or call 951-413-3454.

### **Small Business Administration**

Attention Business Owners: There is immediate help through the Paycheck Protection Program, Disaster Loans, Debt Relief and more. [Click on this link.](#)

### **California IBank**

Find low-interest and state-guaranteed business loans and microloans for small business borrowers who have been impacted by regional disasters. [Click here for more information.](#)

### **California Capital Access Program (CalCAP)**

Encourages banks and other financial institutions to make loans to small businesses that have difficulty obtaining financing. [Additional information can be found here.](#)

## Insurance

Contact your insurance agent to review your policy to understand precisely what is and is not covered in the event of an extended incident.

## Government Contracting

Did you know that the US Government is required by law to consider buying from small businesses? [Click here to find out more about being a government contractor.](#)

## Tax Assistance

Employers experiencing a hardship as a result of COVID-19 may request up to a 60-day extension to file their state payroll reports and/or deposit state payroll taxes without penalty or interest.

[For more information, click here.](#)

Taxpayer Assistance Center:

Toll-free from the U.S. or Canada: 1-888-745-3886

Hearing impaired (TTY): 1-800-547-9565

Outside the U.S. or Canada: 1-916-464-3502

## IE Small Business Development Center

Receive virtual business consulting, free webinars and more. [Click here.](#)

## CA Governor's Office of Business and Economic Development (GO-Biz)

The Governor's Office of Business and Economic Development has compiled helpful information about COVID-19 for employers and employees in California. [Click here.](#)

## CA Labor and Workforce Development Agency

Find resources for workers and employers relating to paid sick leave, disability and unemployment insurance, paid family leave, workplace health and safety here: [www.labor.ca.gov/coronavirus2019/](http://www.labor.ca.gov/coronavirus2019/).

## Riverside County Department of Public Health

Find the latest information Riverside County by visiting [www.rivcoph.org/](http://www.rivcoph.org/).

## Riverside County Economic Development

Find a guide of business resources and information here: [rivcoocsd.org/covidbizhelp](http://rivcoocsd.org/covidbizhelp).

## EMPLOYEES / JOBSEEKERS

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- The City of Moreno Valley's Employment Resource Center is open. Visit Monday through Thursday, 8am-5pm, for computer / internet access, resume preparation assistance, workshops, veteran's services and more.  
12625 Frederick Street, Suite K-3, Moreno Valley  
Find local jobs here: [www.moval.org/jobs](http://www.moval.org/jobs)
- Visit [www.onwardca.org](http://www.onwardca.org) to view more than 70,000 job opportunities.
- California Employment Development Department Unemployment Insurance (UI) - (800) 300-5616  
Monday through Friday from 8am-12pm  
[www.edd.ca.gov/unemployment/](http://www.edd.ca.gov/unemployment/)
- Families First Coronavirus Response Act  
You may benefit from the Emergency Paid Sick Leave Act and Emergency Family and Medical Leave Act. [Find out more here.](#)



## UTILITIES / INTERNET

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### Moreno Valley Utility

The City of Moreno Valley has suspended service disconnections and late fees until further notice. [Visit MVU's website for more information.](#)

### Southern California Edison:

Offering financial assistance and more. [Click here to visit their website.](#)

### Eastern Municipal Water District

If you need assistance with your bill, please contact EMWD's billing department at [customerservice@emwd.org](mailto:customerservice@emwd.org) or call (800) 426-3693. [Visit EMWD's website for more information.](#)

### Southern California Gas

If you are in need of assistance, call (800) 427-2200 or [click here to visit the SoCalGas website.](#)

### Waste Management

[Click here to visit their COVID-19 response website.](#)

## Spectrum

Offering free internet for new users, wi-fi access and more. [Click here for more information.](#)

## T-Mobile

[Click here for T-Mobile's offers.](#)

## AT&T

[Click here for AT&T's offers.](#)

## Verizon

[Click here for Verizon's offers.](#)

## Frontier

[Click here for Frontier's offers.](#)

## EveryOneOn

Offering low income families affordable internet and computers. [Click here to visit their website.](#) Or use their [offer locator](#) to find internet offers and refurbished computers by zip code.

# TRAVEL RESTRICTIONS / BORDER CLOSURES

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- For a complete list of National & International Travel Restrictions, [click here.](#)
- For a complete list of United States Border closures, [click here.](#)

# FEDERAL GOVERNMENT LINKS

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## Helpful links:

- [U.S. Department of Health and Human Services](#)
- [Centers for Medicare and Medicaid](#)
- [Federal Trade Commission](#)
- [U.S. Food & Drug Administration](#)
- [U.S. Department of Education](#)
- [U.S. Department of Agriculture](#)
- [U.S. Department of Labor](#)
- [U.S. Department of Homeland Security](#)
- [U.S. Department of State](#)
- [U.S. Department of Veterans Affairs](#)
- [U.S. Environmental Protection Agency](#)
- [U.S. Department of the Interior](#)
- [U.S. Department of Energy](#)
- [U.S. Department of Commerce](#)
- [U.S. Department of Justice](#)
- [U.S. Department of Housing and Urban Development](#)
- [U.S. Department of the Treasury](#)
- [Office of the Director of National Intelligence](#)
- [U.S. Election Assistance Commission](#)

## HOW YOU CAN HELP

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- Consider a donation to MoVal Meals through GoFundMe: [Click here to donate.](#)
- Riverside County has a need for volunteers, both medical and non-medical. Visit <https://rc-hr.com/volunteer-workforce> to sign up.
- Donate to your local food bank or pantry.
- Check on your neighbors and friends with a call, a text or a conversation through a door or window.
- Does your child have fears? [Click here to find out how to talk with them about COVID-19.](#)
- Assist your community through this crisis. [Here are some positive things you can do to help.](#)